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Trance-Portations is a textbook for personal or group training in meditation, trance and vision. The exercises and sequence were developed by Paxson over some years of teaching, and this practical background shows clearly in the book.

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Trance-Portation: Learning to Navigate the Inner World ...
Cumulative Learning. The key to controlling trance work is to use cues
and conditioning. When you are conditioned to go into trance in
response to a certain stimulus, you move into that state only when

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that cue is given. Conditioning helps you control your state of consciousness.

Trance-Portation: Learning to Navigate the Inner World ...

"In Trance-Portation, Diana Paxson has written a travel guide for trance and out of body experiences that will be a great help to anyone seeking to navigate the complex worlds that lie both within and beyond our internal landscapes." --Michelle Belanger, author of Psychic Vampire Codex and Psychic Dreamwalking

Introduction – Seeing for the People

Read "Trance-Portation: Learning to Navigate the Inner World Learning to Navigate the Inner World" by Diana Paxson available from Rakuten Kobo. Sign up today and get \$5 off your first purchase. The ability to move from the ordinary into an altered state of consciousness is one of the most valuable s

Diana L. Paxson - Wikipedia

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shifting gears, and returning.

Trance-Portation: Learning to Navigate the Inner World ...
trance skills are a prerequisite to success in any of the more specialized kinds of spiritual and magical work. Once this book is available I hope it will serve as a foundation for additional books on oracle work and deity possession. In 2002 I announced the first trance class, and worked with a talented

Trance Portation Learning To Navigate
Trance-Portation: Learning to Navigate the Inner World [Diana L. Paxson] on Amazon.com. *FREE* shipping on qualifying offers. The ability to move from the ordinary into an altered state of consciousness is one of the most valuable skills in both magic and religion. From the ceremonial magician to the shaman

Trance-Portation: Learning to Navigate the Inner World ...
Diana Lucile Paxson (born February 20, 1943) is an author, primarily in the fields of Paganism and Heathenism. Her published works include fantasy and historical fiction novels, as well as numerous short stories. More recently she has also published books about Pagan and

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Heathen religions and practices. She is a founder of the Society for Creative Anachronism, where she is known as Diana the ...

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Cumulative learning. The key to controlling trance work is the use of cues and conditioning. Those who have been conditioned to go into trance in response to a certain stimulus will move into that state only when that cue has been given. Conditioning helps the sensitive person to control her state of consciousness.

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By learning to navigate the inner world through trance-portation, the individual is given a doorway to a wide range of experiences.

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Chapter One – Seeing for the People

The ability to move from the ordinary into an altered state of consciousness is one of the most valuable skills in both magic and religion. From the ceremonial magician to the shaman, using trance work to explore inner realms is essential to the magical process of healing, transcendence, and wisdom desired throughout diverse occult and spiritual traditions.

Trance-Portation: Learning to Navigate the Inner World ...

Trance-Portation: Learning to Navigate the Inner World (Book, 2008) by Diana L. Paxson. \$24.95. Paperback. Red Wheel/Weiser imprints include Conari Press which publishes titles on spirituality, personal growth, relationships to parenting, and social issues; Weiser Books offers an entire spectrum of occult and esoteric subjects.

Trance-Portation : Learning to Navigate the Inner World

Trance-Portation offers a comprehensive and multi-spirited way to enter the inner realm. Blending the modern world with the ancient arts, Trance-Portation's first three chapters, Travel Planning, Crossing the Threshold, and Getting Started, offer preparatory suggestions including meditations and relaxations, breathing, warding, shifting gears, and returning.

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