

## The 40 Day Soul Fast Your Journey To Authentic Living Cindy Trimm

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The Solution You've Been Looking For - Cindy Trimm ...

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? Cindy Trimm, The 40 Day Soul Fast: Your Journey to Authentic Living  
"Being authentic is the ability to make self-honoring choices and stand firmly in who we are in our core. Being true to ourselves gives us the insight and compassion to see others for who they are, not who we expect them to be.

### Discover Your AQ - Soul Fast

The 40 Day Soul Fast: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It is a transformational expedition that will lead you on an inward journey to greater health, ...

### The 40 Day Soul Fast

The 40 Day Soul Fast: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically.

### The 40 Day Soul Fast Leader's Guide: Cindy Trimm ...

??Discuss the schedule for the meetings, as well as the entire 40 day journey. ??Distribute books and 40 Day Soul Fast Handbook. Briefly

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orient the participants to the book and journal, explaining the time commitment for each day. Encourage each person to engage fully in this journey - they will get out of it only as much as they invest.

The 40 Day Soul Fast: Your Journey to Authentic Living ...

The 40 Day Soul Fast is one of the best books I have read because it strongly encourages you to work on you as an individual, as well as, your relationship with Jesus Christ.

The 40 Day Soul Fast Participant's Guide by Cindy Trimm ...

The 40 Day Soul Fast Leader's Guide Set: Includes DVD Teaching by author for small groups [Cindy Trimm] on Amazon.com. \*FREE\* shipping on qualifying offers. Get ready to Experience the best 40 days of your life! The 40 Day Soul Fast Leader's Guide: Your Journey To Authentic Living is an eight-week study of the life of the soul

The 40 Day Soul Fast: Your Journey to Authentic Living by ...

The 40 Day Soul Fast is about finding rest and restoration for your soul. When all is well with the souls of humanity, all will be well in the world. When you have peace in your soul, you will bring that peace to bear on the world around you—you will become the change you are hoping to see.

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The 40 Day Soul Fast: Your Journey to Authentic Living ...

The 40 Day Soul Fast is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It is a transformational expedition that will lead you on an inward journey to greater health, happiness, and success as you learn to live from the inside out. make a clean sweep of your lives!

40 Day Soul Fast Free Feature Moment With Cindy Trimm

The 40 Day Soul Fast Participant's Guide: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It includes a 40-day workbook, plus weekly DVD viewing guide.

The 40 Day Soul Fast: Your Journey to Authentic Living by ...

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The 40 Day Soul Fast: Your Journey to Authentic Living ...

The 40 Day Soul Fast: Your Journey To Authentic Living is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically.

The 40 Day Soul Fast Handbook

The goal of this 40 Day Soul Fast is to guide you through the process of discovering who you really are, assist you in the examination of all your objectives and relationships, and thrust you onto a new path of success and prosperity. Take time to take care of your soul!

Soul Fast - start

The 40 Day Soul Fast Curriculum is an eight week study plan designed to replenish your mind and refresh your spirit.

Amazon.com: Customer reviews: The 40 Day Soul Fast: Your ...

The primary aim of the 40 Day Soul Fast is to "lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us" (Hebrews 12:1). The weights of negative thought habits and toxic verbal behaviors tie

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## Soul Fast

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The 40 Day Soul Fast: Your Journey to Authentic Living ...

The 40 Day Soul Fast is one of the best books I have read because it strongly encourages you to work on you as an individual, as well as, your relationship with Jesus Christ.

## Soul Fast

As you will discover from reading the book or working through the journal, each day of The 40 Day Soul Fast focuses on one of the 40 characteristics—each characteristic builds on the other moving you along a path from “intrapersonal” to “interpersonal” to “transpersonal” authenticity.

40 Day Soul Fast by Cindy Trimm, Paperback | Barnes & Noble®

The 40 Day Soul Fast “ Reach into your soul to uncover a deeper understanding of God’s purpose for your life. The 40 Day Soul Fast Curriculum is an eight week study plan designed to replenish your mind

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and refresh your spirit.

The 40 Day Soul Fast Leader's Guide Set: Includes DVD ...

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Fast Study Guide by Cindy Trimm Paperback \$14.99 FREE Shipping on  
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