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for self defense
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*Jujutsu (Japanese: ??
j?jutsu listen (help ·
info)), also known as
jiu-jitsu and ju-jitsu, is
a family of Japanese
martial arts and a
system of close
combat (unarmed or
with a minor weapon)
that can be used in a
defensive or offensive
manner to kill or
subdue one or more
weaponless or armed*

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and armored
opponents. A subset

of techniques from
certain styles of
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Science (M.R.C.S)
New Dulo Yawara
Koga Kubotan Koppo*

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*Jujutsu - Wikipedia
A red belt is one of
several colored belts
used in some martial
arts to either denote
rank or differentiate
opponents in a
competition. Like the*

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more commonly known Black Belt, its use varies between arts, with most using it for the style founder, Grandmaster or other high rank, while others use it as the immediately pre-black belt rank or even to denote a beginner who holds no rank.

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Kampfkunst Combat
Fighting Sports und
home fitness

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Red belt (martial arts)

- Wikipedia

Yawara: Death In the

Palm of Your Hand

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*Source: Evan-Amos.
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Sometimes called
kubotan, yawara are
small grip weapons
that fit in the palm of
one's hand. Though
they may be pointed,
yawara usually have
blunt ends at each
side made for striking
an opponent and
proved especially
effective on pressure
points.*

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