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Professor Jeukendrup has competed in 21 Ironman races, including 6 Ironman Hawaii triathlons. He won the Golden Gate Headlands Marathon in 2006 (3:22:48) and competed at the European and World Championships duathlons. Notable Bibliography. Textbook on Sports Nutrition (3rd edition) 2018; Textbook on Sport Nutrition (2nd Edition) (2009) High ...

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Jeukendrup has published extensively in sport nutrition and was an invited delegate to the IOC Consensus Conference on Sports Nutrition in Lausanne in 2003. He is a fellow of the AmericanCollege of Sports Medicine and the EuropeanCollege of Sport Sciences, the Physiological Society, the Nutrition Society, BASES, the New York Academy of Sciences, and the American Diabetic Association.

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Asker Jeukendrup, PhD, is a professor of exercise metabolism at the University of Birmingham. He is an active researcher credited with many of the new findings in sport nutrition in the past decade. He is has worked with many elite athletes and clubs, including Chelsea Football Club and UK Athletics.

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Asker Jeukendrup is considered a leading expert in the general areas of sport nutrition, training and overtraining and recovery. He is a registered sport and exercise nutritionist and has worked with several elite athletes and clubs around the world, including Chelsea FC, FC Barcelona and UK Athletics.

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