

## Sonic Nutrition Facts Guide

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Sonic Nutrition Facts & Calorie Information: Sonic Drive ...

The SONIC nutritional facts guide is something that would assist you along with the SONIC nutrition calculator. These two tools would ensure that you have an accurate estimate of the amount of nutrients.

Sonic Nutrition Facts - FastFoodNutrition.org

Find out how many calories are in Sonic Drive-In. CalorieKing provides nutritional food information for calorie counters and people trying to lose weight.

### INFORMATION

This Sonic nutrition facts menu has 890 calories including 53 gram of fat, 57 gram of carbs and 46 gram of protein. It is better for you to choose the breakfast menu which will support your body to produce energy before you have lunch. But you also have to consider Sonic nutrition facts its high calories which has no enough vitamin and mineral.

Facts About Sonic Nutrition Facts That Will Impress Your ...

Considering the cheeseburger without mayo, you have the total amount of SONIC calories as somewhere around 800. Further, the amount of proteins and carbohydrates is approximately 40gms and 55gms, respectively.

December Nutritional Brochure - Sonic Drive-In

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### Sonic Nutrition Facts Guide

sonic® burger with mustard 520 200 23 7 1 65 860 53 3 11 27 sonic® burger with mustard, ketchup & mayo 640 300 34 9 1 70 1070 57 3 14 27 sonic® cheeseburger with ketchup 600 250 85 1240 58 3 14 30 sonic® cheeseburger with mayo 680 350 39 12 1 85 1180 54 3 11 30 sonic® cheeseburger with mustard 590 250 28 10 1 85 1190 54 3 11 31

### Sonic Sonic Cheeseburger Nutrition Facts

total calories total calories sugar (g) protein (g) ... sonic® bacon cheeseburger with mayo 770 410 46 14 1 105 1340 53 3 11 36 sonic® burger with ketchup 540 200 22 7 1 65 910 57 3 14 sonic® burger with mayo 620 300 34 9 1 70 850 53 3 11 27

### Sonic - America's Drive-In

Sonic Nutrition Facts & Calorie Information A Nutrition Guide to the Sonic Menu for Healthy Eating. Sonic restaurants serve an all-day menu of breakfast, lunch, and dinner options. Guests can choose from conveniently selected value meals or order a la carte. Well known for their drive-up style services, Sonic also offers a variety of specialty ...

Facts about SONIC Nutrition Information | Nutrition Facts ...

The Breakfast on the Sonic Drive-In menu with the lowest amount of calories are Syrup (90 calories), Jr. Breakfast Burrito (280 calories) and Cream Cheese (290 calories). The Breakfast on the Sonic Drive-In menu with the highest amount of calories are Ultimate Meat & Cheese Breakfast Burrito (800 calories), Bagel Breakfast Sandwich With Sausage (680 calories) and Breakfast

Toaster Sausage (670 calories).

Fast Food Nutrition Facts

total calories total calories ... sonic® bacon cheeseburger with mayo 820 490 54 20 2 140 1260 43 2 7 39 12% 7% 28% 30% sonic® burger with ketchup 650 340 37 14 1.5 100 840 46 2 10% 19% 29% sonic® burger with mayo 690 380 42 15 1.5 110 820 43 2 7 31 7% 9% 19% 29%

Sonic - America's Drive-In

Sonic Vanillas contain between 20-80 calories, depending on your choice of sizes. Choose from the sizes below to see the full nutrition facts, ingredients and allergen information.

Handy SONIC Nutrition Calculator | Nutrition Facts : The ...

SONIC® Drive-In Menu Nutrition Guide NOTE: When printing this guide your printer's layout properties will need to be set to landscape orientation. Product Calories (G) Calories From Fat (G) Total Fat (G) Saturated Fat (G) Trans Fat (G) Cholesterol

Calories in Sonic Drive-In | CalorieKing

Sonic Nutrition Calculator. Use our Sonic nutrition calculator to add up the calories, weight watchers points and other nutrition facts for your meal. To begin, select an item from the Sonic menu below.

Sonic Drive-In Nutrition Facts - Menu With Price

Fast Food Nutrition. Select a restaurant to view nutrition facts, weight watchers points, allergens and ingredients from your favorite fast food restaurants.

SONIC® Drive-In Menu Nutrition Guide

Sonic Nutrition Facts. Nutrition facts for the full Sonic Drive-In menu. Select any item to view the complete nutritional information including calories, carbs, sodium and Weight Watchers points. You can also use our calorie filter to find the Sonic menu item that best fits your diet. = Voted a healthy and tasty option.

Sonic Drive-In Nutrition Info & Calories Jan 2020 ...

Get half price Drinks and Slushes when you order ahead in the SONIC app! Download App. Click here to get text messages with exclusive offers and the latest news from your local SONIC ® Drive-In! Learn more. Company ... Download Menu (PDF) Español Menu (PDF) Nutrition Guide (PDF) Sodium Guide (PDF) Allergen Info (PDF) ¿Español? ...

Sonic Nutrition Calculator - Fast Food Nutrition Facts

Sonic Drive-In nutritional information and fast food facts covers the entire menu so you can learn how many calories, fat and carbs are in their foods.

Sonic Drive-In Calories - Fast Food Nutrition Facts

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Information - Sonic Drive-In

Sonic Sonic Cheeseburgers contain between 710-800 calories, depending on your choice of options. Choose from the options below to see the full nutrition facts, ingredients and allergen information.

Sonic Vanilla Nutrition Facts - FastFoodNutrition.org

Find out complete Sonic Drive-In nutrition facts, including calories, fat, sugars, protein, carbs and more. Eat wisely, stay healthy.

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