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first.

**2018 Guideline on the
Management of Blood
Cholesterol**

Since the ACC/AHA
guidelines depend
entirely on RCTs, they
should not be
considered to be
comprehensive
cholesterol guidelines.
Therefore, if using these

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guidelines, the physician must rely on a heavy dose of clinical judgment. ATP III is still useful for guiding the physician's clinical judgment.

What are the ATP III guidelines classification of ...

The guidelines recommend you have a complete "lipoprotein

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Calculators

profile" that measures total cholesterol, LDL cholesterol, high-density lipoprotein (HDL, the good cholesterol that may help prevent heart disease), and triglycerides, another type of fat in the blood stream. The test should be performed after fasting.

September is National

Page 7/33

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Month | cdc.gov

2) Expert Panel on

Detection, Evaluation,

and Treatment of High

Blood Cholesterol in

Adults. Executive

summary of the third

report of the National

Cholesterol Education

Program (NCEP) Expert

Panel on Detection,

Evaluation, and

Treatment of High

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Blood Cholesterol in
Adults (Adult Treatment
Panel III).

Guidelines

**ATP III Guidelines At-
A-Glance Quick Desk
Reference**

National Cholesterol
Education Program
(NCEP) Expert Panel on
Detection, Evaluation,
and Treatment of High
Blood Cholesterol in
Adults (Adult Treatment

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Panel III) Executive

Summary National

Cholesterol Education

Program National Heart,

Lung, and Blood

Institute National

Institutes of Health NIH

Publication No. 01-3670

May 2001 Evaluation ...

National Guidelines I

National Lipid

Association Online

National Cholesterol

Page 10/33

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Guidelines for

Interpretation of Lipid

Values ? Diabetes is

also regarded as “CHD

risk equivalent” 4.

Identify other major risk

factors: ? Cigarette

smoking ? Hypertension

(BP ?140/90 mm Hg or

on antihypertensive

medication) ? Family

history of premature

CHD (CHD in male first

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degree relative <55
years; CHD in ...

Cholesterol Guidelines - MedicineNet

With the TLC Program,
you must keep your
intake of dietary
cholesterol to less than
200 milligrams a day.
Choose lean meat and
reduced-fat dairy
products as often as you
can. Protein

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**National Cholesterol
Education Program
(NCEP) Guidelines ...**

Background— The guidelines in the Third Report of the National Cholesterol Education Program (NCEP III) include absolute risk and lower LDL cholesterol (LDL-C) levels to assess eligibility for lipid-

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lowering drug therapy.
We studied the impact
of these changes on the
size, sex, and age
distribution of the target
US population using
data from the Third
Annual National Health
and Nutrition Survey
(NHANES III) (1988 to
1994).

**TLC Diet Program for
Lowering High LDL**

Page 14/33

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Cholesterol - WebMD

According to the NCEP

ATP III definition,

metabolic syndrome is

present if three or more

of the following five

criteria are met: waist

circumference over 40

inches (men) or 35

inches (women), blood

pressure over 130/85

mmHg, fasting

triglyceride (TG) level

over 150 mg/dl, fasting

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high-density lipoprotein (HDL) cholesterol level less than 40 mg/dl (men) or 50 mg/dl (women) and fasting blood sugar over 100 mg/dl.

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High Blood Cholesterol
ATP III Guidelines At-

A-Glance Quick Desk
Reference LDL

Cholesterol – Primary

Target of Therapy <100

Optimal 100-129 Near

optimal/above optimal

130-159 Borderline high

160-189 High >190

Very high Total

Cholesterol <200

Desirable 200-239

Borderline high >240

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High HDL Cholesterol

New National

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THE RECENTLY

published National

Cholesterol Education

Program (NCEP) III

guidelines 1 present

many new clinical

challenges to health care

providers and their

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patients. These guidelines recommend stricter target lipid levels as well as a broader approach to risk assessment in an effort to reduce premature death and disability from coronary heart disease (CHD) and stroke.

**A comprehensive
definition for**

Page 19/33

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metabolic syndrome

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The purpose of the present guideline is to address the practical management of patients with high blood cholesterol and related disorders. The 2018 Cholesterol Guideline is a full revision of the 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce

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High Blood

Cholesterol Summary

- Home | National

Heart ...

Third Report of the

Expert Panel on

Detection, Evaluation,

and Treatment of High

Blood Cholesterol in

Adults (Adult Treatment

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Panel III, or ATP III)
presents the National
Cholesterol Education
Program (NCEP)
updated
recommendations on
cholesterol testing and
management.

NCEP ATP-III Cholesterol Guidelines -- Cholesterol 2.0 ...

The National
Cholesterol Education

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Program (NCEP)

External recommends

that adults aged 20 years

or older have their

cholesterol checked

every 5 years.

Preventive guidelines

for cholesterol screening

among young adults

differ, but experts agree

on the need to screen

young adults who have

other risk factors for

coronary heart disease:

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**Adult Treatment Panel
(ATP III) Calculator -
GlobalRPH**

DOCTOR'S VIEW

ARCHIVE The

Guidelines on

Cholesterol for Adults

Medical Author:

Frederick Hecht, M.D.

Medical Editor: Barbara

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K. Hecht, Ph.D. A 2004 update to the National Cholesterol Education Program's clinical practice guidelines on cholesterol management advised physicians to consider new, more intensive treatment options for people at high and moderately high risk for a heart attack.

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...Guidelines

An update to the ATP III guidelines (ATP IV) was published in 2013.

Table 2. Source:

National Cholesterol Education Program.

Executive summary of the third report of The National Cholesterol Education Program

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(NCEP) Expert Panel on detection, evaluation, and treatment of high blood cholesterol in adults (Adult Treatment Panel III).

Then and Now: ATP III vs. IV - American College of Cardiology

The Mission of the

National Lipid

Association (NLA) is to

enhance the practice of

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lipid management in
clinical medicine.

Consistent with the
mission statement, the
National Lipid

Association's goals are:

... Other National

Guidelines &

Statements International

Guidelines &

Statements. ... 2018

Guideline on the

Management of Blood

Cholesterol ...

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**The New National
Cholesterol Education
Program Guidelines ...**

References 1 Expert
Panel on Detection,
Evaluation, and
Treatment of High
Blood Cholesterol in
Adults. Summary of the
second report of the
National Cholesterol
Education Program
(NCEP) Expert Panel on

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Detection, Evaluation,
and Treatment of High
Blood Cholesterol in
Adults (Adult Treatment
Panel II).

NLA

**Recommendations &
Statements | National
Lipid ...**

Some risk factors that
commonly cluster
together (like
dyslipidemia,

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hypertension and hyperglycemia) have been termed the metabolic syndrome.

Recently the National Cholesterol Education Program's Adult Treatment Panel III report (ATP III) defined criteria used to identify patients with the metabolic syndrome.

Cholesterol Guidelines

Page 31/33

**& Heart Health -
Education
Cleveland Clinic**

cholesterol; ATP III
guidelines should be
followed to achieve the
LDL cholesterol goal.
Second, after the LDL
goal has been reached,
emphasis shifts to
weight reduction and
increased physical
activity (when the
metabolic syndrome is
present).

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