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intuitive modes of thought.

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released January 3, 2013, is a book written by Maria Konnikova exploring ways to improve mindfulness, logical thinking and observation using Arthur Conan Doyle's fictional character Sherlock Holmes as an exemplar.

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merely a gift of fiction, or can we learn to cultivate these abilities ourselves, to improve our lives at work and at home? ...

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Indeed, our minds can and often do go wrong at any one of the steps. Konnikova construes it like this: our minds have two distinct modes of thought. The first of these modes operates quickly and automatically. It is our default mode, in that it is the one that we rely on as a matter of course.

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The three basic steps to thinking and acting like Sherlock are, to avoid fallacies and biases, to practice mindfulness, and to never stop learning.

In 'Mastermind' Maria Konnikova Teaches Us How to Think ...

One would expect a book subtitled "How to Think Like

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Sherlock Holmes” to actually have instructive steps and exercises, but it does not. The only clear recommendation is to maintain a journal. Other elements are analyzed, but no actual instructions are given on how to successfully implement them in daily life.

#28. A Summary of 'Mastermind: How to Think Like Sherlock ...  
But looking like and thinking like are very different things. Holmes was famous for his logical thinking and unrivaled level of observation—traits that made him a better detective

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than his peers. Mastermind: How to Think Like Sherlock Holmes examines the tools and techniques employed by Holmes, with the aim of taking them from the pages of fiction to the reality of life.

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Mastermind: How to Think Like Sherlock Holmes - Wikipedia

Free download or read online Mastermind: How to Think Like Sherlock Holmes pdf (ePUB) book. The first edition of this novel was published in 2013, and was written by Maria Konnikova. The book was published in multiple languages including English language, consists of 273 pages and is available in Hardcover format. The main characters of this non fiction, psychology story are , .

Mastermind: How to Think

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Like Sherlock Holmes by

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Here are some of the key features of Mastermind: How To Think Like Sherlock Holmes: Actionable .

Konnikova turns theory into practice throughout the book. Deep . It's super deep. You'll learn more about your mind and how it works, flaws and all,...

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If your literary heroes include Sir Arthur Conan Doyle's masterly creation, Sherlock Holmes, or even if

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you just drool over Holmes's latest incarnation, as portrayed by Benedict Cumberbatch, you'll love psychologist Maria Konnikova's *Mastermind: How to Think Like Sherlock Holmes*.

*Mastermind How To Think Like*  
A fine blend of character analysis, psychological research, and good writing, *Mastermind: How to Think Like Sherlock Holmes* caught my interest and held it all the way through, which is a difficult task for nonfiction in general.

*Mastermind How To Think Like*

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