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About Martin Kirk, MSBME, BSEE, ERYT-500 - Kirk Yoga

Martin Kirk is an Anusara certified yoga Instructor and a registered yoga teacher with Yoga Alliance. He has studied with John Friend, Anusara Yoga founder since 1994. He is a member of the Arizona Yoga Association and conducts yoga training and workshops worldwide.

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Martin Kirk is a Certified Anusara® Yoga instructor who travels worldwide offering inspiring yoga immersions and specialize anatomy, therapy and teacher trainings. Martin has trained extensively with Anusara® Yoga founder, John Friend, since 1994 and continues to apprentice with him nationally.

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