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Guyleen Castriotta lead the Broomfield
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their priorities in 2020, based on
resident feedback taken online, in
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Dec 31, 2019, and Jan 17, 2020.

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Name one of the health-related fitness components. Name one symptom of heat exhaustion. Name one symptom of heat stroke. Name one side-effect of

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anabolic steroid use. Name one symptom of frostbite. Name one team sport. Name one partner sport. Name one way to manage stress. Name one way to prevent injuries when doing physical activities.

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fitness with an emphasis on the health-

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