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Jessica Berger Gross is
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Magazine, Salon, and
the Globe and Mail. She
lives in Maine with her
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September 6, 2018 . On
Thursday January 17th,
in a private home in
Manhattan, from 7:30 -
9:30 pm, I'll be taking
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them, drawn from a
2000-year-old text
called theYoga Sutras.

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a mother, writer, and
yogi. Her essays and
articles have appeared
in and on Yoga Journal,
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memoir of dieting and
discovery. For years,
Jessica struggled with
fluctuating weight and
bouts of unhappiness.
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found comfort in food
and craved cigarettes
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Home by Jessica ...

Jessica Berger Gross is

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bestselling ebook

Estranged, and the

editor of the anthology

About What Was Lost:

20 Writers on

Miscarriage, Healing,

and Hope. Her essays

have appeared in The

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Cut, and The Globe and Mail. Jessica lives in Maine with her husband and son.

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