

Championship Grappling Techniques

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Stand-up grappling position. Called clinch position or standing grappling position, these are the core of clinch fighting. From a separated stand-up position, a clinch is the result of one or both fighters applying a clinch hold. The process of attempting to advance into more dominant clinch positions is known as pummelling. The major types of standing clinch are such as:

Grappling position - Wikipedia

The Fairtex representative defeated the Indian wrestling sensation via submission (armbar) in the second round at ONE: WINTER WARRIORS. In doing so, she secured herself a title shot against the current ONE women's atomweight champion, Angela Lee. Considering her impressive run in MMA, there is a good chance Stamp can claim an upset victory over Lee.

Five Fighters Who Could Become ONE Championship Champions...

Ssireum (Hangul:) or Korean wrestling is a folk wrestling style and traditional national sport of Korea that began in the fourth century. In the modern form each contestant wears a belt (satba) that wraps around the waist and the thigh. The competition employs a series of techniques, which inflict little harm or injury to the opponent: opponents lock on to each other's belt, and one ...

Ssireum - Wikipedia

The star-studded FURY Pro Grappling 3 event takes place Thursday at 2300 Arena in Philadelphia with a number of UFC notables set to compete on the submission-only card. The main event featured former UFC strawweight champion Carla Esparza, who takes on grappling standout Danielle Kelly. Check out a complete recap with highlights from the event.

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