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Boarding School  
Syndrome

# **Boarding School Syndrome**

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**Boarding School  
Syndrome: The  
psychological  
trauma of the  
...**

The resultant

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psychological  
adverse effects  
have been  
reported to  
cause a cluster  
of long lasting  
symptoms and  
behaviours,  
which has been  
called the  
Boarding School  
Syndrome (BSS)  
by Joy . . .

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## **Boarding School Syndrome**

Boarding School Syndrome is increasingly recognized as a specific syndrome by psychologists, psychotherapists and counsellors. Many adults are suffering long-



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term emotional or behavioural difficulties, which stem from having lost normal family life through being sent away to boarding school as children.

**Joy Schaverien |  
Boarding School**

*Page 9/39*

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Boarding school syndrome. The term boarding school syndrome was coined by psychotherapist Joy Schaverien in 2011. It is used to identify a set of lasting psychological problems that are observable

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in adults who,  
as children,  
were sent away  
to boarding  
schools at an  
early age. . . .

**The Long-Term  
Impact of  
Boarding School**  
Boarding school  
syndrome is a  
way of  
describing how a

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person's natural attachment patterns have been disrupted (damaged) through the trauma of being separated from their primary carer. The two conditions are not mutually exclusive and have some

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similarities in  
common.

## **Boarding School Syndrome review - education and the pain ...**

Boarding School  
Syndrome is not  
a medical  
category, but a  
proposal that  
there is an  
identifiable

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cluster of learned behaviours and emotional states that may follow growing up in boarding school, which can lead to serious psychological distress. These can include depression, ...

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**Boarding School  
Syndrome -**

**Catherine Cox**

Symptoms that a therapist in boarding school syndrome addresses are problems with anger, depression, anxiety, failure to sustain relationships,

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fear of  
abandonment,  
substance abuse  
and so forth.

**(PDF) Boarding  
School Syndrome  
- ResearchGate**

The clinical  
work and writing  
of Professor Joy  
Schaverien has  
now made  
"boarding school



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syndrome" a mainstream topic in psychoanalysis. The help is available. But the stiff upper lip class is trained not to complain, but to keep calm and carry on - noble-sounding ideals but too often

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carrying a subtext that is contempt for weakness and the very fact of needing help.

**Boarding School  
Syndrome |  
Brighton and  
Hove**

**Psychotherapy**  
Since then,  
several articles

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and more books  
on this subject  
have appeared,  
including  
Professor Joy  
Schaverien's  
acclaimed  
Boarding School  
Syndrome. Now  
Routledge is  
publishing my  
book for  
therapists with  
Thurstone

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Basset, a mental health trainer, entitled Trauma, Abandonment and Privilege.

## **The Hidden Pain of a Boarding School Childhood**

A Jungian  
psychoanalyst,  
Schaverien first  
coined the term  
"boarding school

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syndrome" a decade ago, after seeing a multitude of former pupils among her patients - characterised by problems ...

**Boarding  
Recovery -  
Boarding School  
Recovery**

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Nick Duffell's book, *The Making of Them: the British Attitude to Children and the Boarding School System* has received wide acclaim from doctors, therapists, educators, writers and general readers.

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It describes the history and social context of boarding, the inevitability of 'Boarding School Syndrome,' as well as the process of de-constructing a 'Strategic Survival Personality'.

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**Boarding School  
Syndrome: The  
psychological  
trauma of the  
...**

This page helps  
women who are in  
a relationship  
with men  
suffering from  
boarding school  
syndrome

**The truth about**

*Page 24/39*



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**'boarding school  
syndrome'**

Boarding School  
Syndrome In this  
article the  
author, Jungian  
analyst and  
Visiting  
Professor at  
Leeds  
Metropolitan  
University Joy  
Schaverien,  
suggests that

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there is a cluster of symptoms and behaviours common in adults presenting for psychotherapy who had been sent to boarding school at an early age.

**Boarding School  
Survivors**

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The main component of boarding school syndrome is the trauma children experience when they are sent off to board, especially the first time. For a child of 7 or 8 the pain of separation can be very severe

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but nor should  
the trauma of  
those who begin  
boarding at 13  
be  
underestimated.

## **Boarding School Syndrome | Contemporary Psychotherapy**

Boarding School  
Syndrome is an  
analysis of the

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trauma of the  
'privileged'  
child sent to  
boarding school  
at a young age.  
Innovative and  
challenging, Joy  
Schaverien  
offers a  
psychological  
analysis of the  
long-established  
British and  
colonial

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preparatory and  
public boarding  
school  
tradition.

Richly  
illustrated with  
pictures and the  
narratives of  
adult ex-  
boarders in  
psychothe

**Boarding school  
syndrome -**

*Page 30/39*

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## **Counselling**

## **Directory**

'Boarding school survivors' are often very competent, high-achieving individuals who may be acutely uncomfortable about asking for help. For the most part, they are unconscious

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of the fact that they are suffering from a specific, common syndrome treatable by a variety of psychotherapeutic approaches.

**Boarding school  
syndrome | The  
Psychologist**

Boarding school



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syndrome . By

Virginia

Sherborne MBACP

(Accred.)

Published on

15th May, 2014 .

Over the last 25  
years,

psychotherapists

have begun to

realise the

profound and

long-lasting

effects which

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can be caused by sending children away to boarding school.

## **Boarding school - Wikipedia**

Boarding School Syndrome is an analysis of the trauma of the 'privileged' child sent to boarding school

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at a young age.  
Innovative and  
challenging, Joy  
Schaverien  
offers a  
psychological  
analysis of the  
long-established  
British and  
colonial  
preparatory and  
public boarding  
school  
tradition.

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Richly

illustrated with  
pictures and the  
narratives of  
adult ex-  
boarders in  
psychotherapy,  
the book ...

**Boarding school  
syndrome: The  
symptoms and  
long-term ...**

The aim of this

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paper is to identify a cluster of symptoms and behaviours, which I am proposing be classified as 'Boarding School Syndrome'. These patterns are observable in many of the adult patients,

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with a history of early boarding, who come to psychotherapy. Children sent away to school at an early age suffer the sudden and often irrevocable loss of their primary attachments; for many . . .

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