

Anllela Sagra

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Anllela Sagra | Age • Height • Weight • Images • Bio ...

Anllela Sagra Bio. Its very possible that you already know a bit about me through social medias, but now I want to open up a little more. 4 years ago I was under going my studies in fashion design, I would only model a few times during the week. I was extremely thin since a muscular body is not something desired in the modeling world.

Transformation Programs - Anllela Sagra Workouts and ...

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Anllela Sagra

Welcome to anllelasagra.net! Find out more about me and how I can help you achieve your health and fitness goals.

ANLLELA SAGRA ?? (@anllela_sagra) • Instagram photos and ...

Anllela Sagra. 1.1M likes. Modelo Fitness Colombiana. Facebook is showing information to help you better understand the purpose of a Page.

Anllela Sagra - Home | Facebook

Wake up and take control of your life! Find your Passion. Evolve your Mindset. Grow with us every day. Roadblocks, influences, lessons learned, and rules to live by are the meat of LOAC.

Anllela Sagra Bio - Anllela Sagra Workouts and Fitness Plans

Our Transformation Program incorporates four essential aspects for burning body fat and replacing it with lean muscle: a one-of-a-kind carb cycling diet, high intensity weight training, ab-ripper circuits and 24/7 contact.

ANLLELA SAGRA - YouTube

Anllela Sagra is a fitness model and sponsored athlete from Colombia. She rose to fame when she won multiple figure competitions in the 2010's. Anllela started working out with the intention of furthering her career as a fashion model.

Anllela Sagra | Female Fitness Motivation

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