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*Lethwei (Burmese: လက်ပတ်ပွဲ; IPA: [lɔ̃.ɔ̃]), or Burmese boxing, is a full contact combat sport from Myanmar that uses stand-up striking along with various clinching techniques. Lethwei is considered to be one of the most brutal martial arts in the world, as the sport is done bareknuckle with only*

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*tape and gauze while fighters are  
allowed to strike with their fists, elbows*

## Techniques Aikido Mysteries

## Aikido Martial Arts Aikido And

*Aikido And The Dynamic Sphere  
Aikido (Shinjital: ???, Ky?jital: ???,  
aikid?, Japanese pronunciation:*

*[aiki?do?]), is a modern Japanese*

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Shodokan Aikido, Yoshinkan, Aikikai  
and Ki Aikido. Aikido is now practiced  
in around 140 countries. It was  
originally developed by Morihei  
Ueshiba, as a synthesis of ...*

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